

# Do you have a Prayer Life



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# How important is Prayer?

Prayer is important because it helps us to stay close to God. Prayer isn't meant to be an after thought, a last resort when nothing else has worked. Prayer is your conversation with God and how you can develop a personal meaningful relationship with God. He can work miracles through prayer.



Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Phil: 4:6-7

Having a prayer life is the thing to have. Do you ever wonder why prayer is important? Is prayer necessary? Yesss it is!!!

You may say “ I don’t know what to say”? You may feel stuck. You may feel like God won’t here you due to you not being a Christian. But I’m here to tell you that He hears everything. He hears the prayers that comes through your tears. The ones that’s sitting in your heart.

Prayer is our privilege in Christ. When you pray, make it personal. It’s between you and God.



Growing up I didn't pray much. I went church and we had tarring service and we had to pray. I prayed but I didn't really understand what was going on. I didn't know what to say. When I started praying more I used to feel so hurt because I felt like my prayer was not strong and it wasn't like anyone else. I would just listen to other people pray and they were into it and I would get mad.

I thought God didn't hear my prayers because the things that I prayed for, nothing was happening. So I got so discouraged and I stopped praying. I would say little things like "thank you lord for waking me up ". Little stuff like that and not knowing that, I was praying. It doesn't take you praying for hours and hours and hours. Just believe what you praying about and have faith. A 5 minute prayer can be powerful as long as God is in it and it's real. Honey start praying.



# The Lord's Prayer

Our father in heaven,  
hallowed be your  
name, thy kingdom  
come, thy will be done,  
on earth as it is in  
heaven.

Give us today our  
daily bread. And  
forgive us our debts,  
as we also have  
forgiven our debtor.  
And lead us not into  
temptation, but deliver  
us from the evil one.

Matthew 6:9-13

# 8 keys to a powerful Prayer.

1. Know to whom you are speaking
2. Thank Him
3. Ask for God's will
4. Say what you need
5. Ask for forgiveness
6. Pray with a friend
7. Pray the word
8. Memorize Scriptures



# Follow this Pattern for your prayer:



- 🙏 Praise God for who He Is
- 🙏 Tell him how you want to see more of him on earth
- 🙏 Ask for what you need today
- 🙏 Speak forgiveness out loud for one who hurt you
- 🙏 Ask for forgiveness from God for yourself
- 🙏 Name your temptations and ask for protection/way out
- 🙏 Finish with anything else you need to say

I challenge you to take these steps that I have given and form a prayer life. Prayers for those who labor under heavy loads who bear much sorrow. God will never leave you nor forsake you. Your prayers are not supposed to be like the next person. Tell God what's on your heart. If you would like for me to say a prayer for you or with you, email me. Let's get closer to God through Prayer. Prayer is important.

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